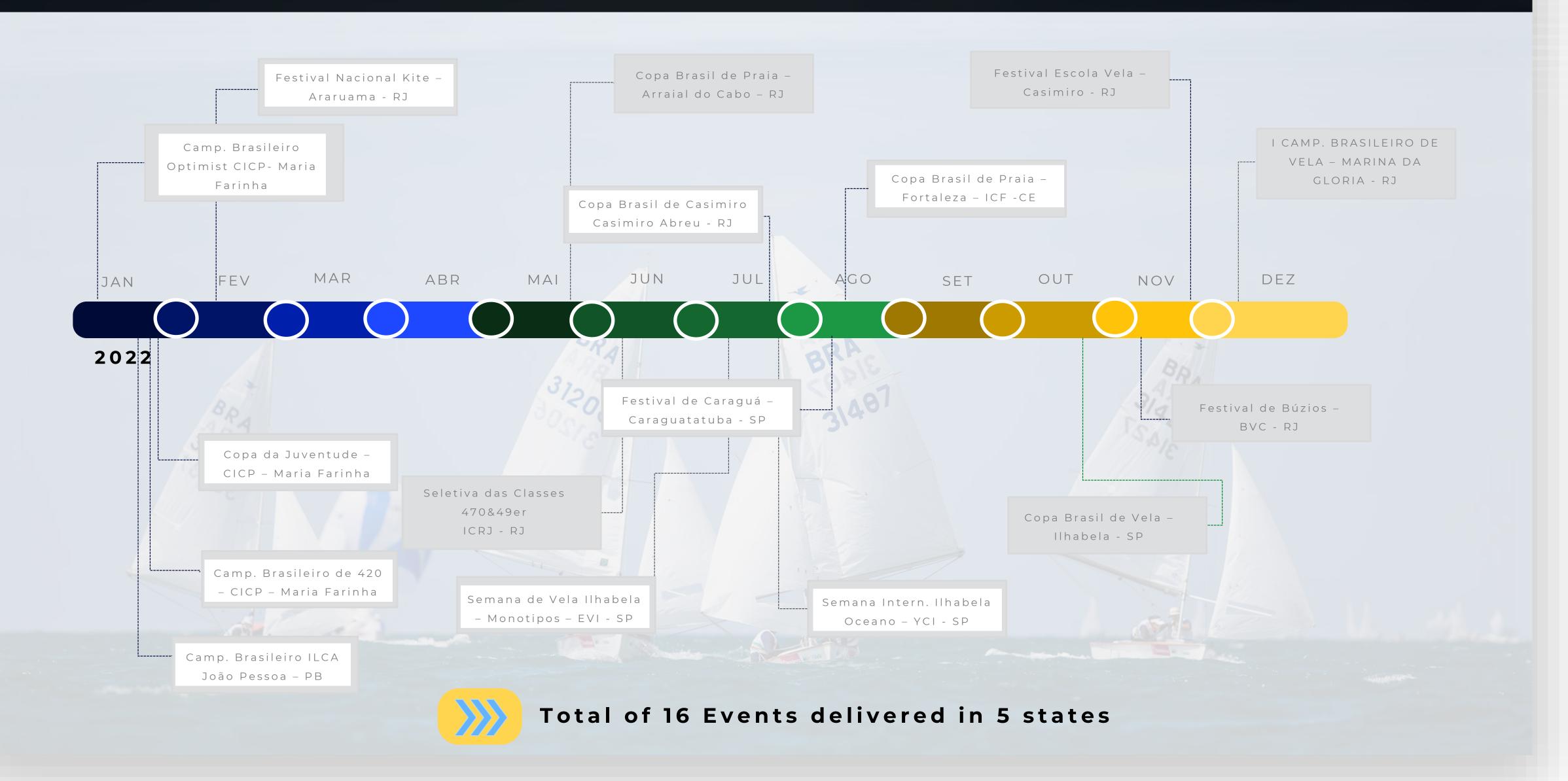


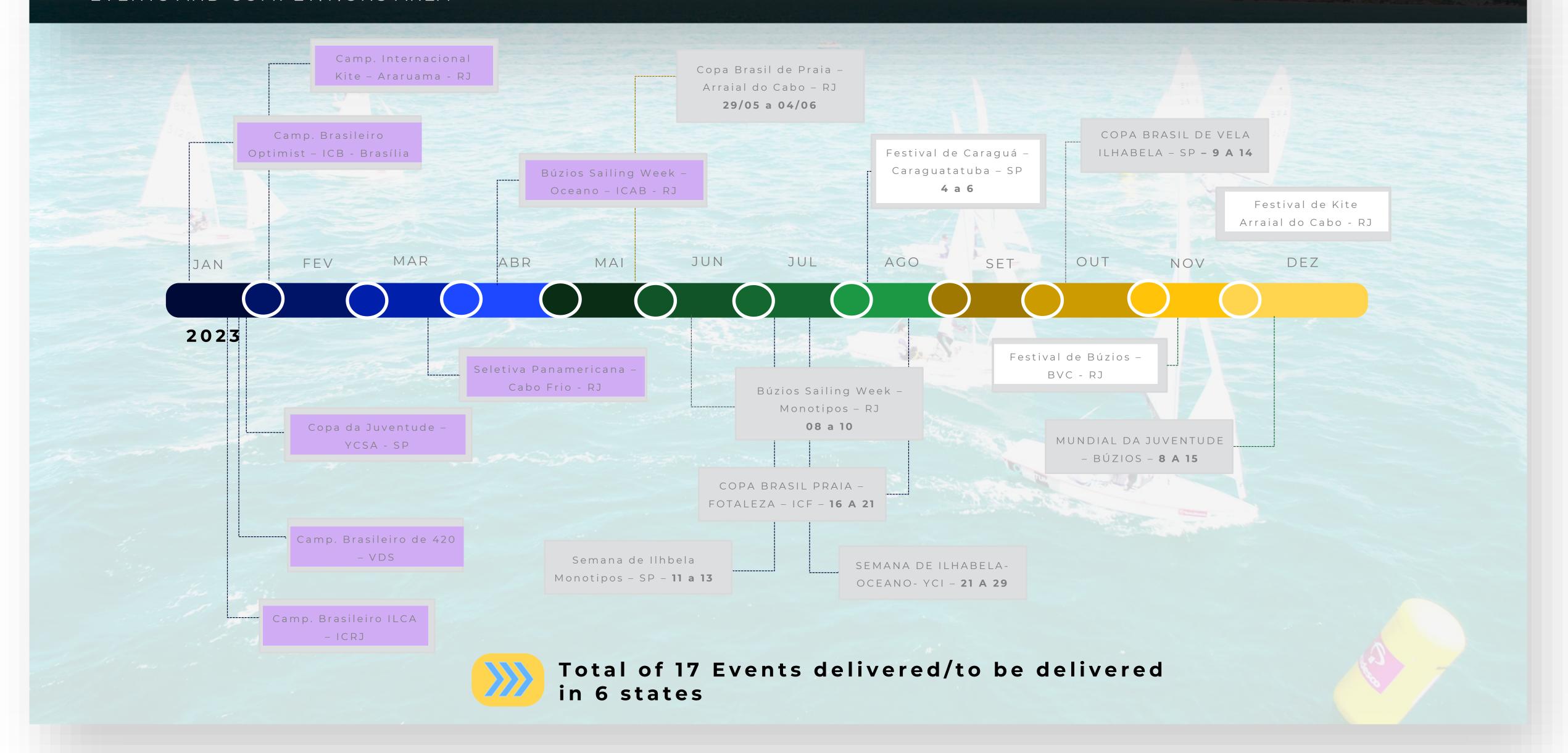
CBVELA EVENTS and CBVELA PARTICIPATION – 2022

EVENTS AND COMPETITIONS AREA



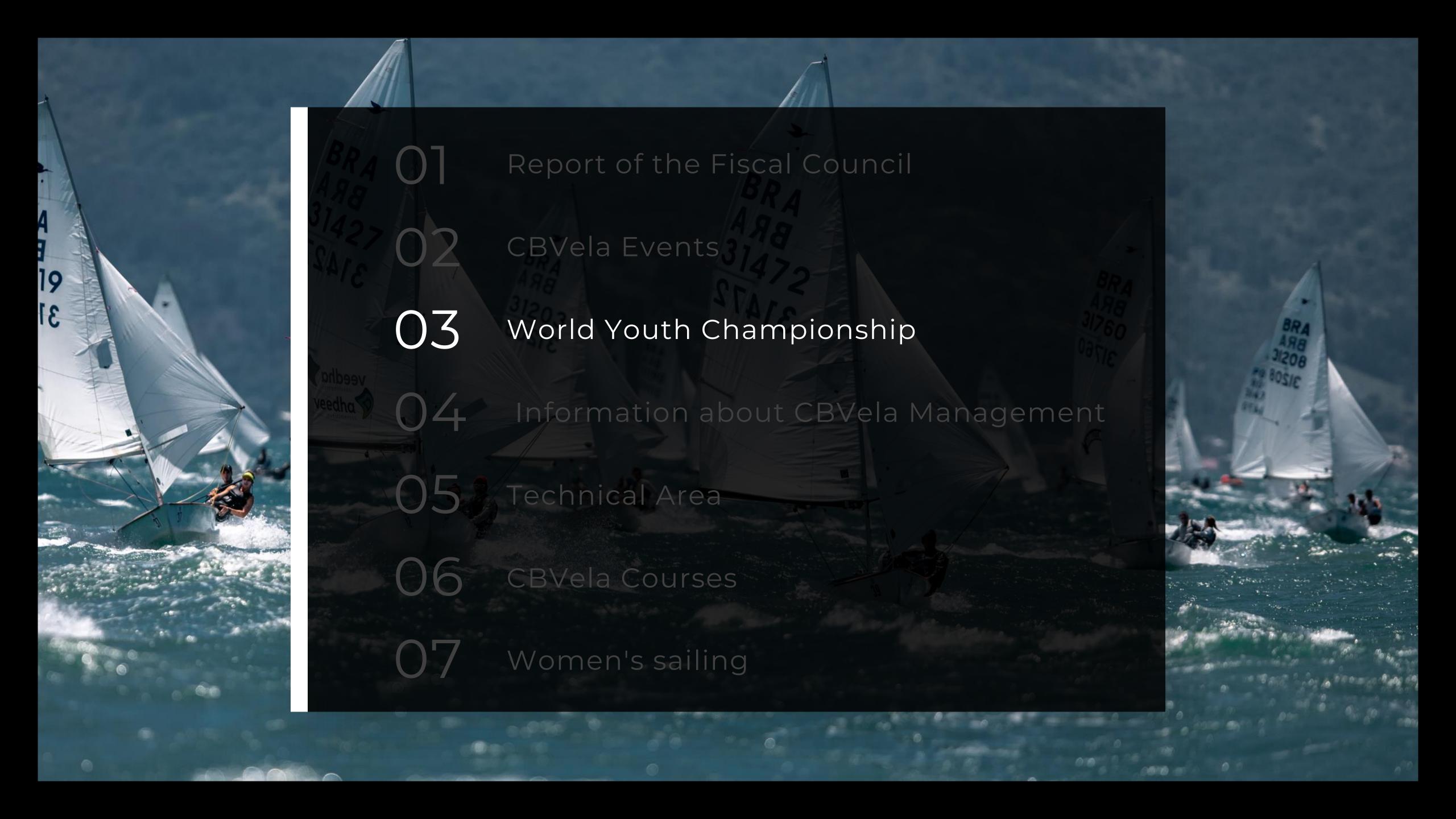
CBVELA EVENTS and CBVELA PARTICIPATION - 2023

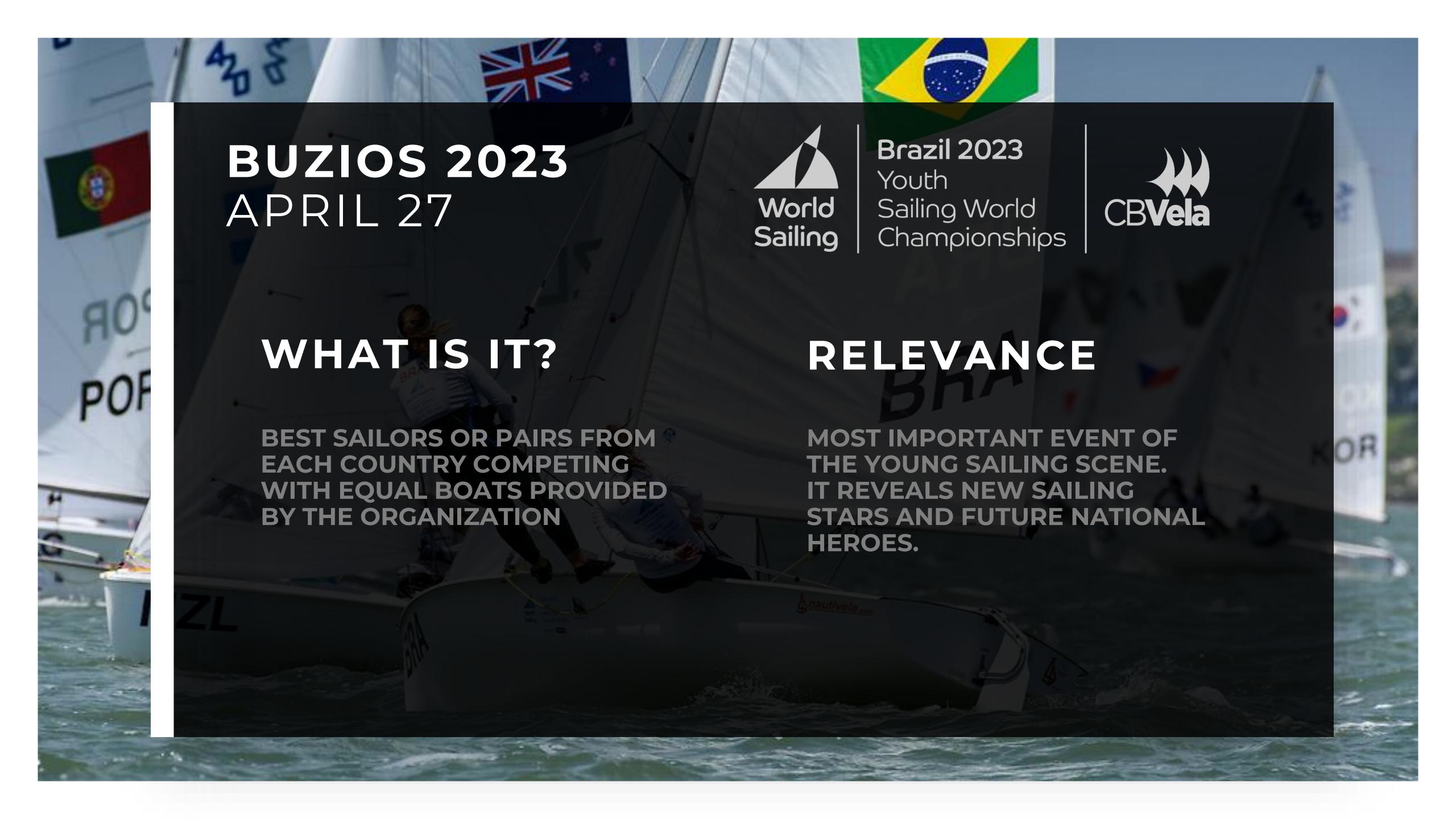
EVENTS AND COMPETITIONS AREA

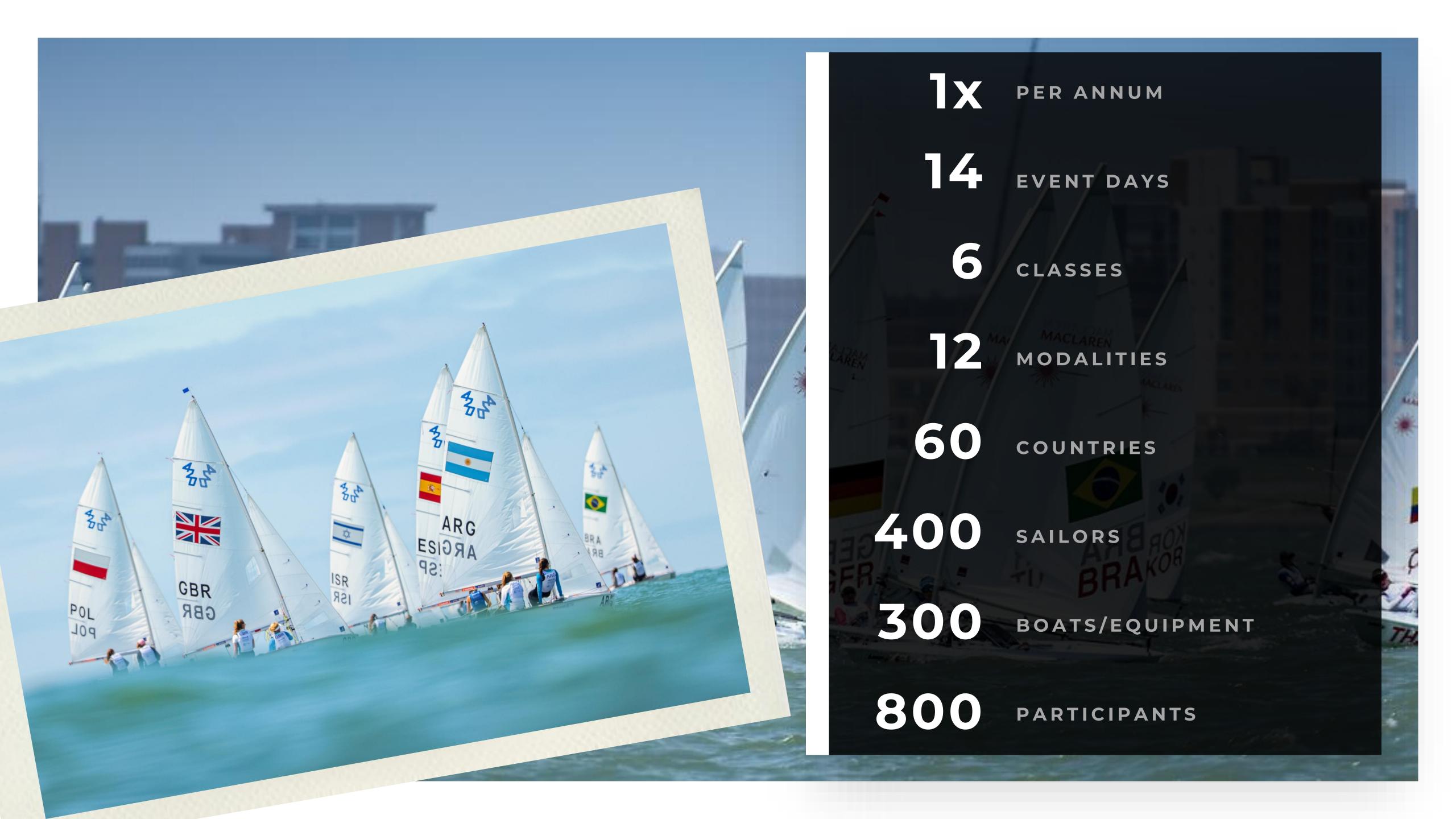


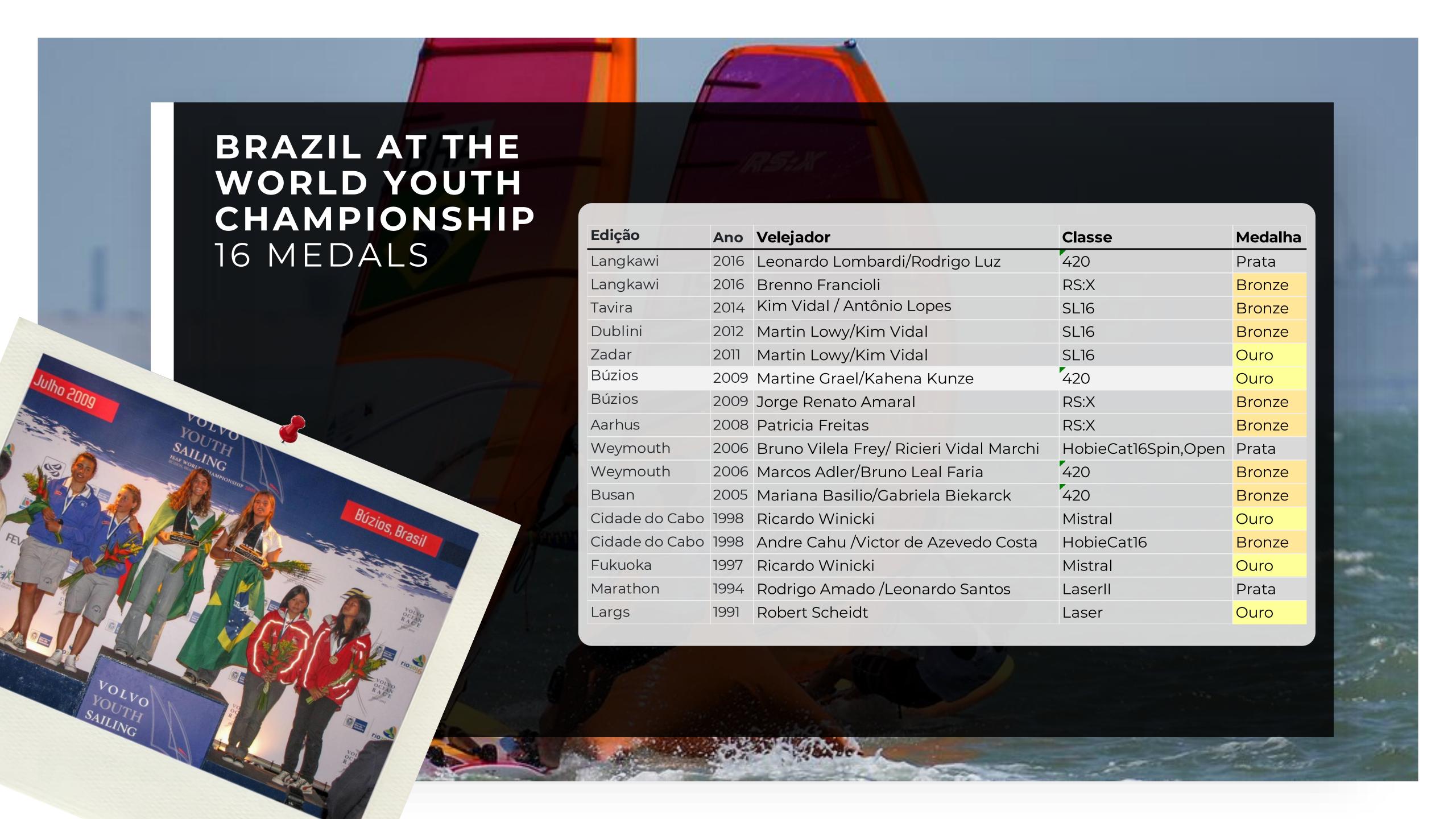


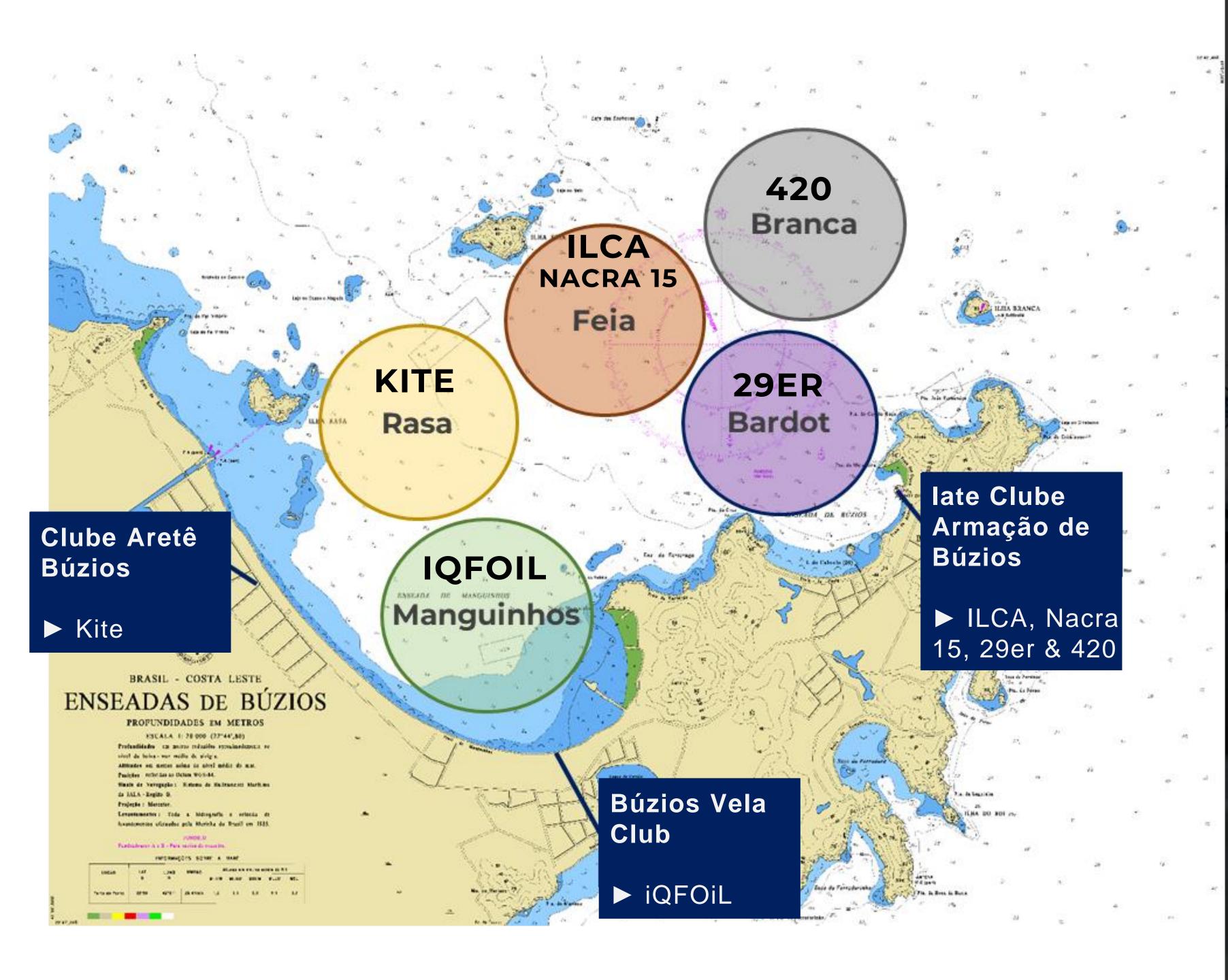
















AR





BUY PURCHASE AND SALE OF BOATS



Cadastro de interessados na compra de barcos

Fazendo jus a nossa missão de inspirar a prática do esporte à Vela e potencializar o desempenho dos nossos atletas, a CBVela quer facilitar a renovação da flotilha de barcos do Brasil.

Dessa forma, criamos um modelo de negócio para importação dos barcos que serão utilizados no Mundial da Juventude em dezembro (420s, ILCAs, 29ers, Nacras 15 e iQFOiLs) com excelentes condições aos compradores.

Está interessado em adquirir um barco?

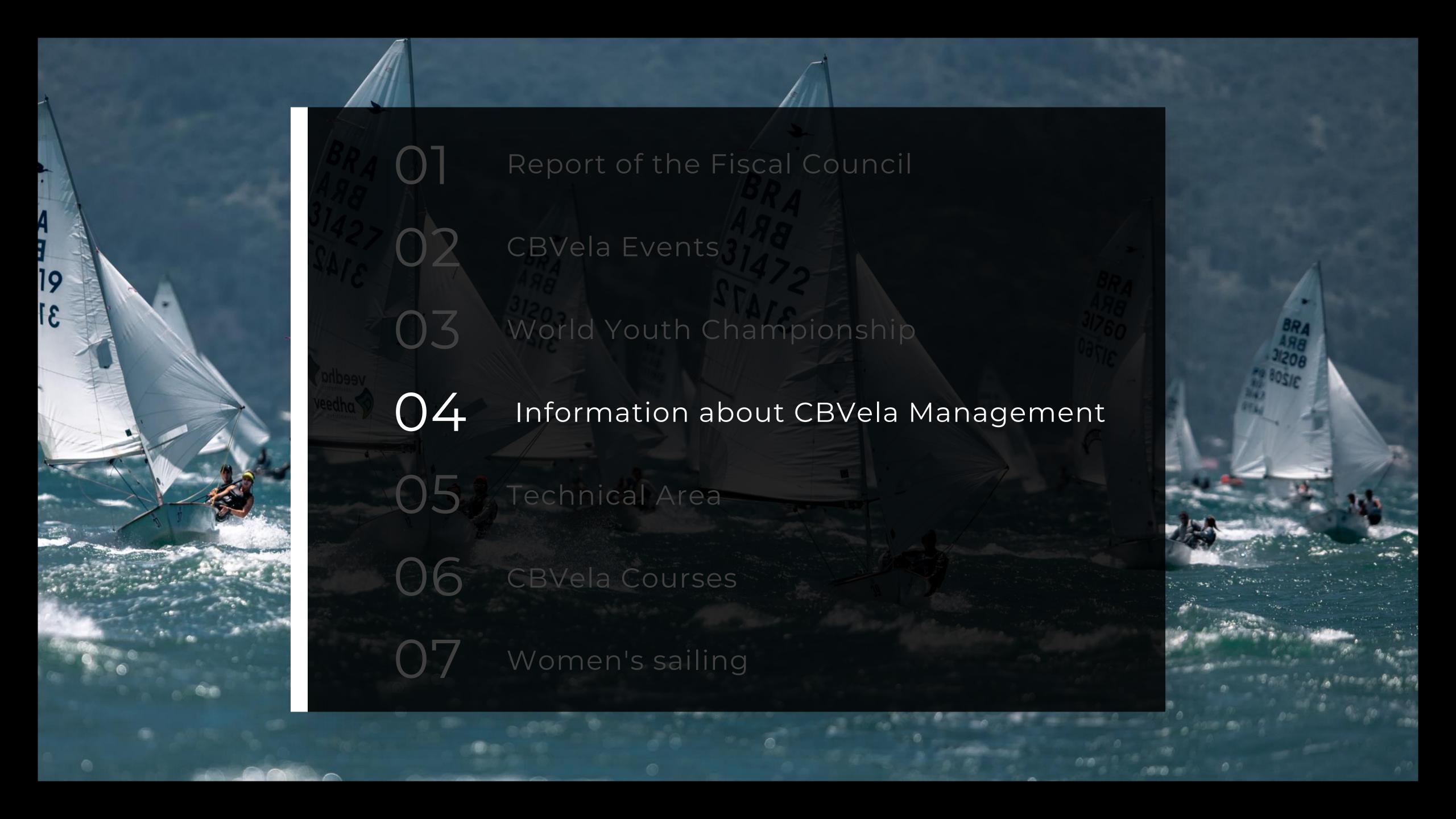


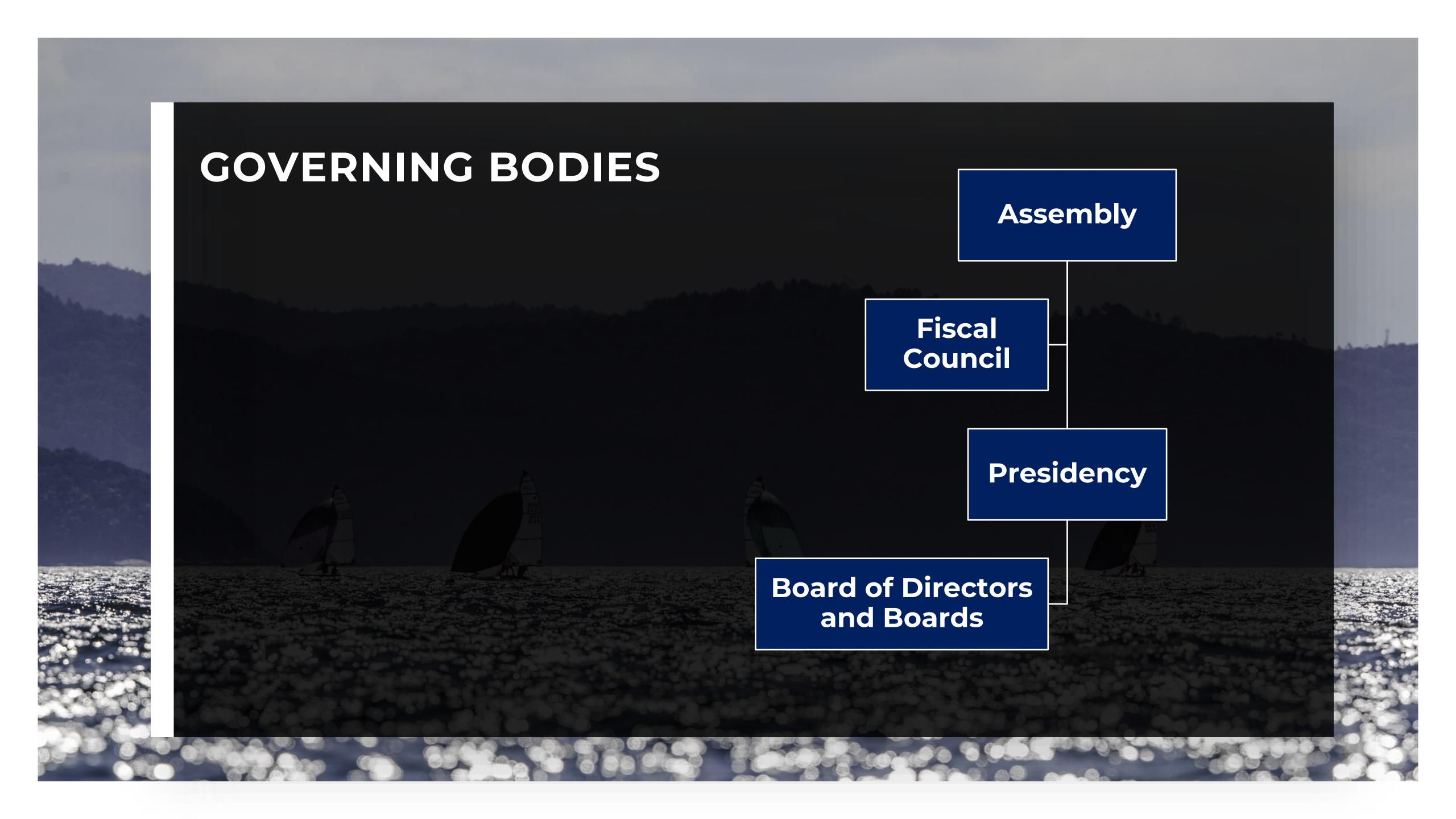
VOLUNTEERS

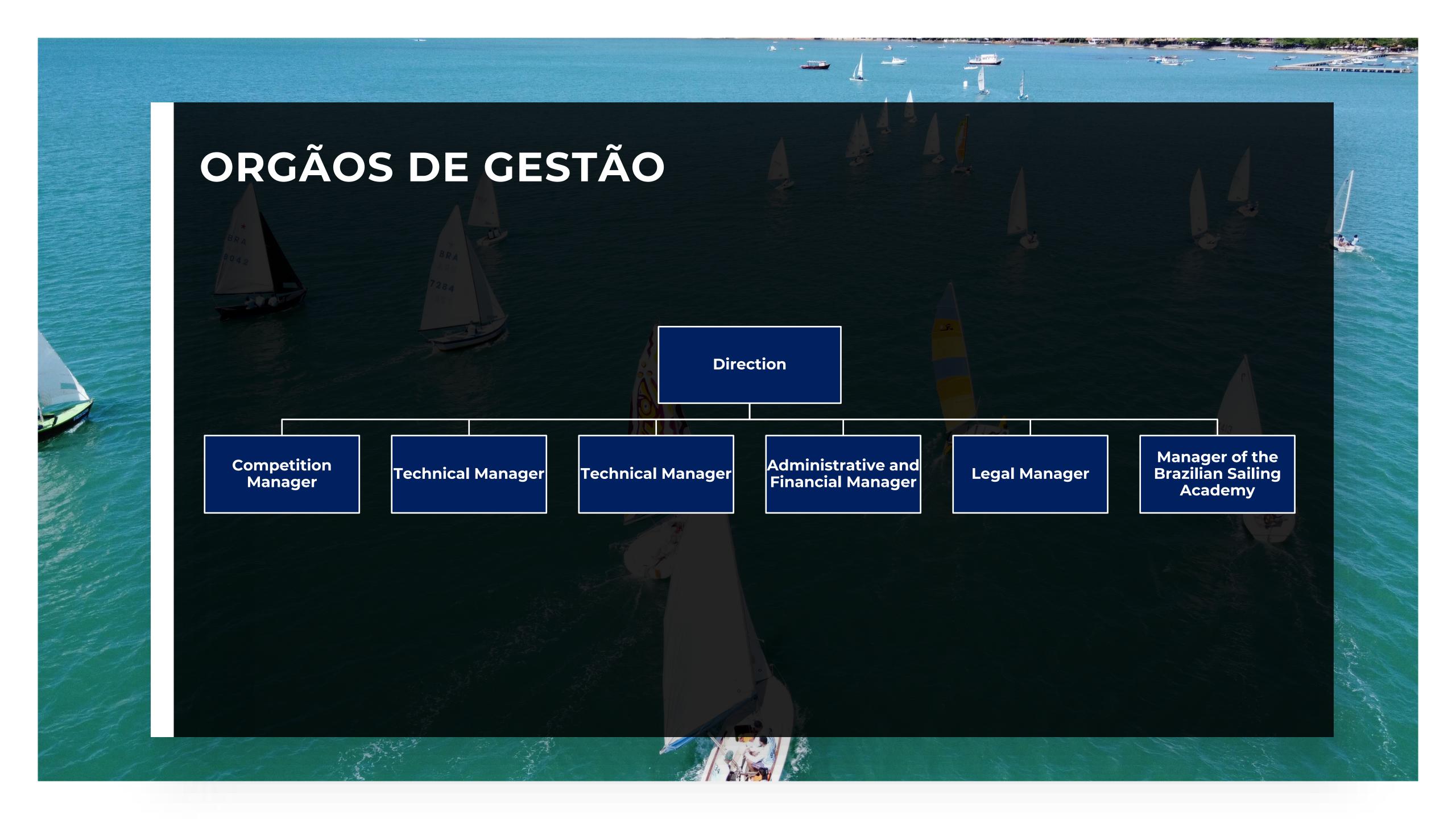












FINANCIAL YEAR 2022

REVENUE



RECEITA DE RECURSOS PÚBLICOS RECEITA DE RECURSOS PRÓPRIOS RECEITA DE PATROCÍNIO

TOTAL

4.969.380,432.072.835,88

0,00

7.042.216,31



EXPENDITURE



DESPESAS OPERACIONAIS
DESPESAS COM PESSOAL
DESPESAS ADMINISTRATIVAS

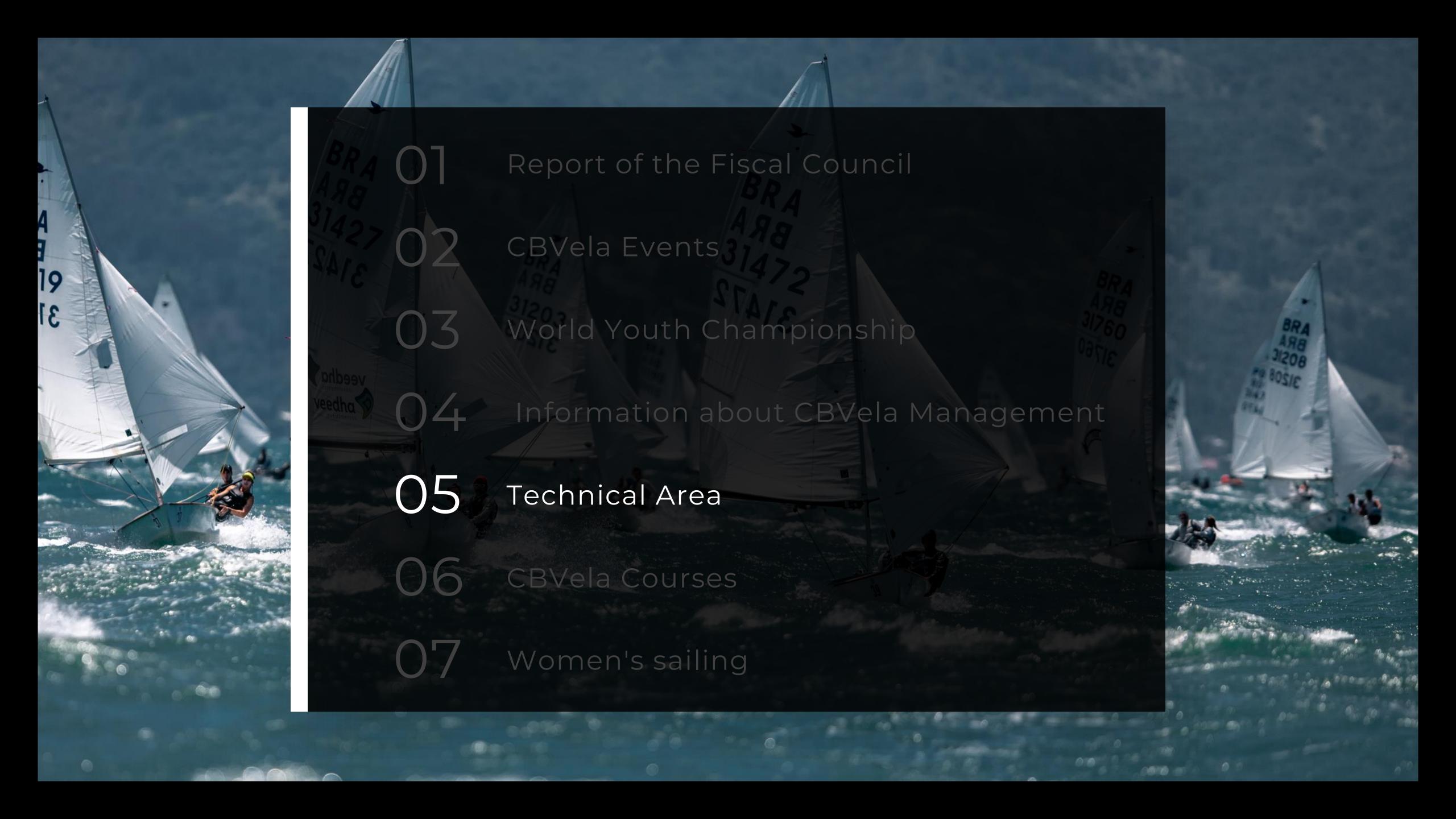
TOTAL

-2.020.485,88

-1.943.679,10

-905.719,13

-4.869.884,11





IN THE YEAR 2022, ECONOMIC SUPPORT WAS MADE AVAILABLE FROM CBVELA FOR PARTICIPATION IN THE WORLD CHAMPIONSHIP OF EACH ADULT CATEGORY.

THIS EVENT WOULD BE CONSIDERED AN EVALUATOR EVENT FOR THE SELECTION OF ATHLETES WITHIN THE CATEGORIES OF THE HIGH PERFORMANCE PROGRAM - PAR CBVELA.

IT WAS GRANTED IN THIS WAY THE CHANCE TO ALL ATHLETES IN OLYMPIC CAMPAIGN AND WITH INDICES AT NATIONAL LEVEL THE POSSIBILITY OF ACHIEVING THIS RESULT.

WE HIGHLIGHT THAT DESPITE THE EFFORT OF CBVELA THE ADULT CATEGORY SUFFERED AT THE BEGINNING OF THIS SHORTER OLYMPIC CYCLE. OUR DIAGNOSIS IS THAT BEING THE FIRST TIME IN HISTORY TO HAVE A SHORT CYCLE OF 3 YEARS AFTER GAMES THE BRAZILIAN ATHLETES HAD NEVER LIVED THIS EXPERIENCE AND USUALLY THE POST-OLYMPIC YEAR IS A YEAR OF DIFFICULT PERFORMANCE FOR THOSE ATHLETES WHO TAKE A BREAK FROM THEIR TRAINING.

IN U23 OLYMPIC SAILING; FOR THE SECOND CONSECUTIVE YEAR WE RETURNED TO PARTICIPATE IN THE WORLD JUNIOR CLASS 49ER WITH THE GAUCHO DUO OF TIAGO QUEVEDO AND BRENNO KNEIPP WHERE THANKS TO THE KNOW – HOW OF THE TOKYO CAMPAIGN IN THE 49ER CLASS AND THAT THE KNOWLEDGE WAS WITH CBVELA IF I WON AN EXCELLENT 4TH PLACE. THIS PROVES TO US THE NEED TO HAVE CBVELA TECHNICIANS IN THE MAIN OLYMPIC AND YOUTH CLASSES SAVING ALL THE TECHNICAL DATA.



INVESTMENTS EXCEPT THE FX CLASS WERE MADE FOR ALL CLASSES WITH A FOCUS ON THE WORLD CHAMPIONSHIPS OF THE YEAR, THIS BEING THE ONLY EVENT THAT ALLOWED ATHLETES TO REACH THE INDEX ESTABLISHED FOR THE ACHIEVEMENT OF OLYMPIC ELIGIBILITY OF CBVELA.

THE MAIN ACHIEVEMENTS OF THE OLYMPIC CLASSES WERE:

- · 4TH PLACE WORLD JUNIOR 49ER CHAMPIONSHIP TIAGO QUEVEDO AND BRENO KNEIPP
- · 2ND PLACE ALLIANZ REGATTA NACRA WORLD CUP FINAL 17 JOÃO BULHÕES AND MARINA ARNDT
- · 2ND PLACE NORTH AMERICAN CHAMPIONSHIP NACRA 17 JOÃO BULHÕES AND MARINA ARNDT
- · 2ND PLACE PRINCESS SOFIA 49ER FX MARTINE GRAEL AND KAHENA KUNZE
- 1ST PLACE OLYMPIC WEEK OF HYERES 49ER FX MARTINE GRAEL AND KAHENA KUNZE
- · 1ST PLACE EUROPEAN CHAMPIONSHIP 49ER FX MARTINE GRAEL AND KAHENA KUNZE
- · 2ND PLACE IQFOIL INTERNATIONAL GAMES LANZAROTE MATEUS ISAAC
- · 7TH PLACE EUROPEAN FORMULA KITE CHAMPIONSHIP BRUNO LOBO

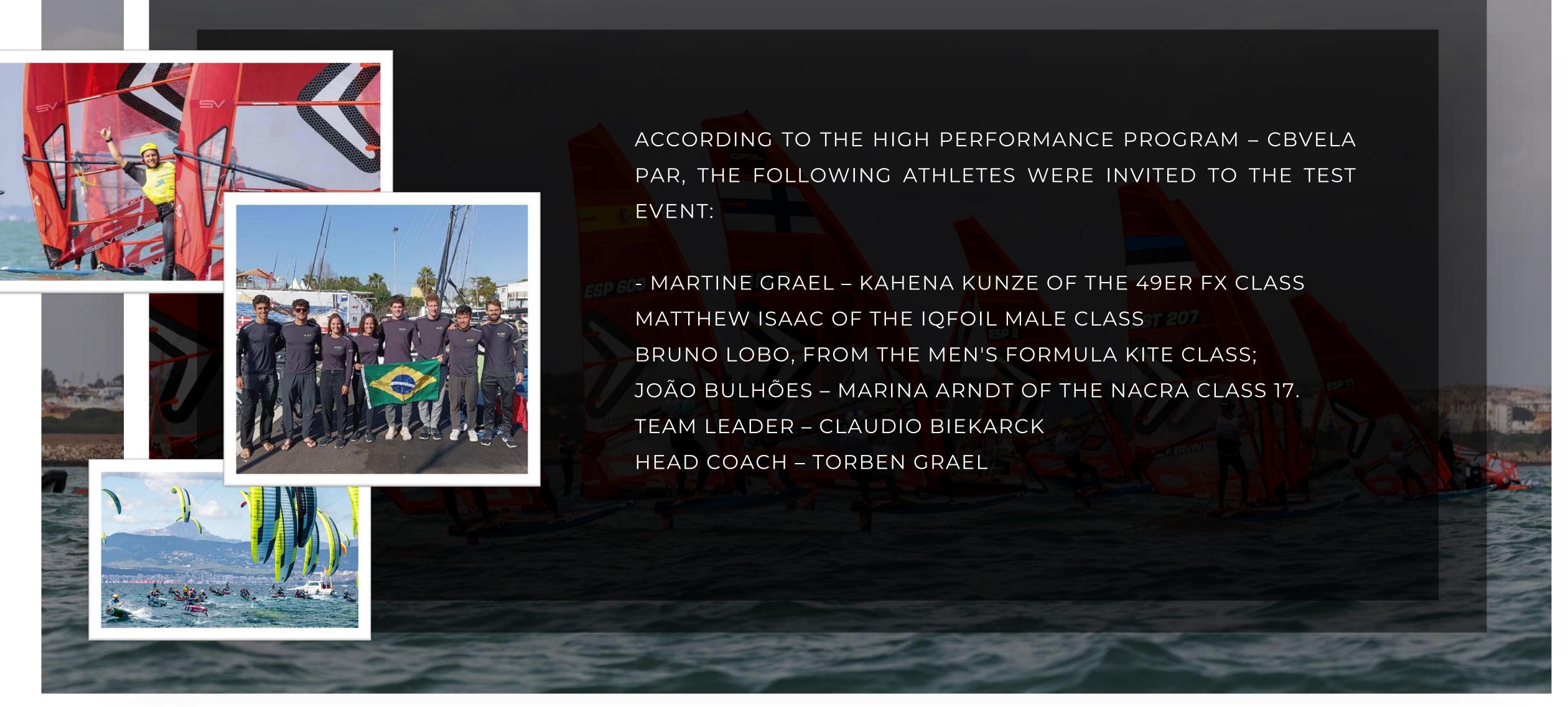
MAIN SPORTS ACHIEVEMENTS ADULT AND SUB 23 – YEAR 2022

Os resultados das equipes brasileiras em seus respectivos campeonatos Mundiais no 2022:

Atleta	Classe	Mundial 2022	Ranking 01/11/22	Índice Olímpico
Martine Grael - Kahena Kunze	FX	7	4	Sim
Mateus Isaac	IQFOIL Men	37	4	Não
Bruno Lobo	Formula Kite Men	18	12	Não
Bruno Lima	Formula Kite Men	95	65	Não
Lucas Pé Fonseca	Formula Kite Men	61	75	Não
Joao Bulhões - Marina Arndt	NACRA 17	20	11	Não
Samuel Albrecht - Gabriela Nicolino	NACRA 17	17	35	Não
Dante Bianchi - Thomas Lowbeer	49er	48	129	Não
Marco Grael - Gabriel Borges	49er	25	72	Não
Henrique Haddad - Isabel Swan	470	38	78	Não
Rodrigo Duarte - Ana Barbachan	470	24	29	Não
Juliana Duque - Rafael Martins	470	42	34	Não
Fernanda Oliveira - Rodolfo Striebel	470	39	57	Não
Giovanna Prada	iQFoil Women	59	25	Não
Bruna Martinelli	iQFoil Women	81	49	Não
Socorro Reis	Formula Kite Women	40	32	Não
Bruno Fontes	ILCA 7	36	101	Não
Gabriella Kidd	ILCA 6	58	168	Não



TEST EVENT 2023: OLYMPIC SAILING TEAM



THE HAGUE 2023: TEAM

THE EVENT WILL BE THE FIRST EVENT TO DISTRIBUTE OLYMPIC BERTHS TO EACH COUNTRY.

THE VACANCIES WERE DISTRIBUTED AS FOLLOWS:

1 VACANCY FOR EACH MNA IN EACH CLASS.
2ND VACANCY BY THE RESULT OF EACH CLASS
IN EACH WORLD CHAMPIONSHIP (THIS WAS NOT POSITIVE FOR BRAZIL).

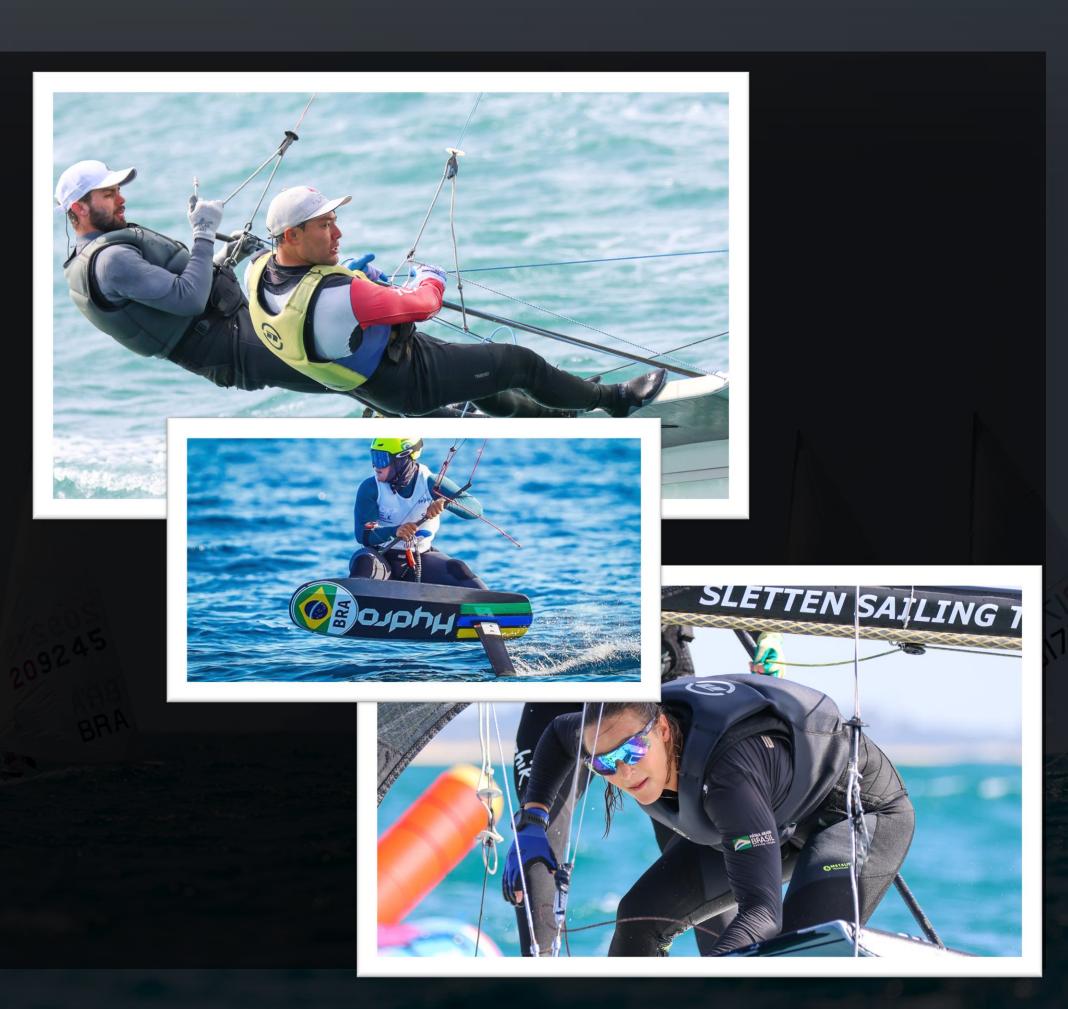
THANKS TO THE WORK OF CBVELA'S YOUTH SAILING PROGRAM IN 2022 EVENTS, YOUNG ATHLETES – U 23 IN SOME CATEGORIES MANAGE TO BE AT THE FRONT OF THE WS RANKING AND THEREFORE SECURE THEIR CALL-UP. IN THIS WAY TODAY THE PAR OF CBVELA HAS RENEWAL FOR LA 2028.

CLASSE	ATLETA	ATLETA	APOIO
ILCA 7	PEDRO MADUREIRA (U23)	-	ADESÃO
ILCA 7	FELIPE FRAQUELLI (U19)	-	ADESÃO
ILCA 6	GABRIELLA KIDD	-	ADESÃO
IQFOIL WOMEN	GIOVANNA PRADA (U23)	-	ADESÃO
IQFOIL WOMEN	BRUNA MARTINELLI	-	ADESÃO
IQFOIL MEN	MATEUS ISAAC	-	APOIO
NACRA 17	JÕAO BULHÕES	MARINA ARNDT (U23)	APOIO
NACRA 17	SAMUEL ALBRECHT	GABRIELA NICOLINO	APOIO PAN
470 MIXED	RODRIGO DUARTE	ANA BARBACHAN	ADESÃO
470 MIXED	HENRIQUE HADDAD	ISABEL SWAN	ADESÃO
470 MIXED	FERNANDA OLIVEIRA	RODOLFO STRIEBEL	ADESÃO
470 MIXED	JULIANA DUQUE	RAFAEL MARTINS	ADESÃO
49ER	MARCO GRAEL	GABRIEL SIMÕES (U23)	ADESÃO
49ER	TIAGO QUEVEDO (U23)	BRENNO KNEIPP (U23)	ADESÃO
49ER FX	MARTINE GRAEL	KAHENA KUNZE	APOIO
FORMULA KITE MEN	BRUNO LOBO	-	APOIO
FORMULA KITE MEN	LUCAS PÉ FONSECA (U19)	-	ADESÃO
FORMUAL KITE WOMEN	MARIA DEL SOCORRO REIS	-	ADESÃO

THE HAGUE 2023: RENEWAL

FOR THE FIRST TIME AND THANKS TO THE WORK OF THE U19 YOUTH SAILING PROGRAM, WE WILL HAVE 8 U23 ATHLETES AT THE WORLD ADULT CHAMPIONSHIPS.

THIS IS CRITICAL GIVEN THAT WE ARE ALREADY 5 YEARS AWAY FROM THE START OF THE FIRST REGATTA OF THE LOS ANGELES 2028 OLYMPIC GAMES.



UNDER-19 YOUTH SAILING TEAM: 2022 YOUTH SAILING WORLD CHAMPIONSHIPS - THE HAGUE

SUMMONED:

ERICK CARPES - ILCA 6 / 9TH PLACE - 61 PARTICIPANTS

JULIA CARREIRÃO - ILCA 6 / 19TH PLACE - 56 PARTICIPANTS

SOFIA ROCHA - IQFOIL W / 25TH PLACE - 29 PARTICIPANTS

LUCAS GARCIA - IQFOIL M / 31ST PLACE - 31 PARTICIPANTS

FERNANDO MENEZES / GUILHERME MENEZES - 29ER M / 11TH PLACE - 24 PARTICIPANTS

CLARA MEYER / LIVIA NOGUEIRA - 29ER W / 10TH PLACE - 13 PARTICIPANTS

GUILHERME ARAUJO / MILENA ARAUJO - NACRA 15 / 12TH PLACE - 14 PARTICIPANTS

ALEX KUHL / HANDREY CANTINI - 420 M / 15TH PLACE - 23 PARTICIPANTS

JOANA GONÇALVES / LUISA MADUREIRA / 7TH PLACE - 21 PARTICIPANTS

MARCOS RODRIGUES - FORMULA KITE M / 15TH PLACE - 19 PARTICIPANTS

BRAZIL WAS 9TH OUT OF 65 NATIONS, BEING THE FIRST PLACE OF THOSE THAT DO NOT HAVE MEDALISTS.

UNDER-19 YOUTH SAILING TEAM: 2022 YOUTH SAILING WORLD CHAMPIONSHIPS - THE HAGUE

HISTORICO DO BRASIL

Brasil tem conquistado desde 1991 ate a 2022: 6 medalhas de ouro, 3 de prata e 8 de bronze o que da um total de 17 medalhas em 31 edições.

Essa estadística nos permite evidencia que o percentual de capacidade de conquista de medalha do Brasil no Campeonato Mundial da Juventude é bastante baixo.

No que tange a o Trofeu de países o Brasil nas últimas 12 edições foram:

ANO	POSIÇÃO	MEDALHA	CATEGORIA		
2010	14°	Não			
2011	9°	Sim	Multicasco		
2012	7°	Sim	Multicasco		
2013	8°	Sim	420		
2014	12°	Sim	Multicasco		
2015	6°	Sim	420 e Prancha a Vela		
2016	17°	Não			
2017	14°	Não			
2018	12°	Não			
2019	15°	Não			
2021	15°	Não			
2022	9°	Não			
Brasil tem como meia em 12 edições de ficar 11,5 da Geral de Países.					

OBS. Ano de 2020 evento foi cancelado.

Analises:

Brasil teve em este evento uma enorme melhoria em seu rendimento superando a 6 países e voltando a entrar nos melhores 10 (dez) países formadores de atletas do mundo. Resultado que não era atingido desde o ano 2015 (7 anos depois).

Ainda como detalhe o Brasil foi o único pais sem medalha posicionado dentro dos melhores 10 (dez) graças a sua regularidade e constância nos resultados nas maioria das categorias apresentadas.

Alem disso a Equipe Brasileira desta edição foi em meia de idade de 16,5 anos; o que significa que foi a delegação mais jovem brasileira nas edições deste evento e que me traz certeza que na edição de 2023 com uma preparação adequada poderemos trazer mais de uma medalha.

UNDER-19 YOUTH SAILING TEAM: TRAINING CAMP CBVELA 2022

BENEFIT:

42 ATHLETES

LOCAL:

MARINA DA GLORIA - CAR CBVELA

CLUBE NAVAL CHARITA - RJ

THE PROJECT BENEFITED FROM AIR AND DAILY TICKETS FOR EXPENSES SUCH AS LODGING, FOOD, TRANSPORTATION, EQUIPMENT RENTAL, AMONG OTHER EXPENSES.

THE TEAM TRAINED TOGETHER WITH THE CBVELA TECHNICIANS AND A FUNCTIONAL, MOBILITY AND ANTHROPOMETRIC EVALUATION WAS CARRIED OUT IN ALL ATHLETES OF THE BRAZILIAN NATIONAL TEAM.

WITH THESE DATA, THE TECHNICAL AREA HAS AN OVERVIEW OF THE BIOTYPE OF THE BRAZILIAN ATHLETE AND THE CLASSES THAT BEST TARGET THE BRAZILIAN ATHLETE.





U16 YOUTH SAILING TEAM: TRAINING CAMP CBVELA 2022

BENEFIT:

32 ATHLETES

LOCAL:

MARINA DA GLORIA – CAR CBVELA

THE TEAM TRAINED TOGETHER WITH THE CBVELA TECHNICIANS AND A FUNCTIONAL, MOBILITY AND ANTHROPOMETRIC EVALUATION WAS CARRIED OUT IN ALL ATHLETES OF THE BRAZILIAN NATIONAL TEAM.







IDENTITY OF THE TECHNICAL AREA IMPLEMENTATION OF VISUAL IDENTITY

THE PROJECT BENEFITED FROM COMPETITION UNIFORMS FOR ALL THE ATHLETES BENEFITED.

ACCORDING TO THE PLAN, THIS UNIFORM IS DEFINED WITH A CORE (BLACK) THAT SERVES TO IDENTIFY ANY MEMBER OF THE TECHNICAL AREA OF CBVELA AND TODAY INCLUDING EMPLOYEES OF THE EDUCATION, ADMINISTRATIVE AND EVENTS AREAS OF THIS ENTITY.

IN THIS WAY THE VISUAL IDENTITY WAS IMPLEMENTED WITH A CORE IN WHICH THE ATHLETES AND COMMUNITY WILL EASILY IDENTIFY WITH THE CBVELA TEAMS; QUOTING OUR PRESIDENT "LOOKING FOR A HOME IN BLACK, WHICH HE WILL SOLVE."

IN THE FUTURE THESE PIECES WILL BE AVAILABLE TO THE COMMUNITY WITH SPECIAL EDITIONS INCLUDED.







FUNDING TERMS 2022: I° CORE OF CBVELA BASE – NEBAR

O presente Projeto visa a consolidação mediante a melhoria na infraestrutura oferecidas aos atletas para que possam contar com uma formação adequada e um desenvolvimento técnico especifico, visando alavancar e manter, a médio e longo prazo, o desempenho esportivo do País.

Após diagnostico realizado nos anos 2018 e 2019 pela Área Técnica desta entidade, se identificou uma forte desvinculação de atletas dentro da faixa dos 16 a 18 anos em aproximadamente do 70% por ano; o motivo pelo qual a implementação deste Projeto de Núcleo de Base da Vela na Marina da Gloria é fundamental.

A proposta da CBVela, submetida à apreciação da Secretaria Especial de Alto Rendimento busca promover por meio do treinamento especifico, o aumento do nível técnico de seus participantes, que se encontram em no momento de transição das categorias de base a aquelas categorias do programa olímpico Paris 2024, também este projeto irá a contemplar ações que desenvolvam suas competências individuais e de toda a comunidade envolvida.

Reforça-se, pois, a busca no decorrer desse processo de treinamento, a formação integral do indivíduo, promovendo o uso do esporte como ferramenta de cidadania plena, que permita aos atletas já iniciados, a participação com uma adequada preparação técnica em competições locais, regionais e/ou nacionais, na dimensão do esporte.

Projeto traz consolidação e continuidade aos resultados esportivos obtidos pelo Programa de Alto Rendimento de Vela Jovem desta entidade e se orienta nos princípios e ideais da educação olímpica, norteada pela democratização do acesso ao conhecimento e à prática esportiva; no planejamento do ensino do esporte conforme as diferentes fases de aprendizagem, do desenvolvimento físico e cognitivo e dos níveis de evolução atlética; no envolvimento de qualidade da equipe de esporte nas suas atividades.

Value: R\$ 582.641,28

FUNDING TERMS 2022: CBVELA OLYMPIC SAILING – SNEAR

THE PRESENT PROJECT CALLED "GOLDEN SAILING" HAS AS ITS OBJECT OF THE AGREEMENT TO ENSURE THE PREPARATION OF THE MAIN OLYMPIC SAILING TEAM AND PARTICIPATION IN THE INTERNATIONAL CHAMPIONSHIPS.

INTERNATIONAL OLYMPIC SAILING HAS A HIGH DEGREE OF COMPLEXITY WHERE TECHNICAL KNOWLEDGE AND PERFORMANCE ANALYSIS ALONG WITH STRATEGIC PLANNING. THE COUNTRIES TRADITIONALLY RIVALS OF BRAZIL IN THE MODALITY, ARE MAKING A STRONG ECONOMIC INVESTMENT IN THEIR TECHNICAL TEAMS AND IN THE PARTICIPATION OF THE MAIN COMPETITIONS.

GIVEN THIS, THE REFERRED PROJECT AIMS TO INVEST IN HIGH-QUALITY TECHNICAL PREPARATION AIMING AT PARTICIPATION IN THE MAIN COMPETITIONS OF THE MODALITY IN THE YEARS 2022 AND 2023; ALSO PROVIDING THE SPECIFIC TRAINING OF THE MAIN HIGH-LEVEL ATHLETES OF THE BRAZILIAN OLYMPIC SAILING TEAM.

THE BENEFITED CLASSES WERE: NACRA 17 MIXED, MEN'S 49ER, MEN'S IQFOIL AND MEN'S FORMULA KITE. BEING THAT ALL THE ATHLETES BENEFITED ARE PART OF THE PODIUM SCHOLARSHIP PROGRAM OF THE FEDERAL GOVERNMENT INDICATING THE HIGH TECHNICAL LEVEL OF THE ATHLETES CONTEMPLATED.

FUNDING TERMS 2022: CBVELA OLYMPIC SAILING – SNEAR

TO DATE, SOME FUNDAMENTAL MISSIONS HAVE BEEN CARRIED OUT FOR THE DEVELOPMENT OF BRAZILIAN NATIONAL OLYMPIC SAILING INVOLVING THE MAIN ATHLETES OF THE CATEGORIES NACRA 17, IQFOIL MASC., FORMULA KITE MASC., 470 AND 49ER. ALL THESE MISSIONS INVOLVED THE PARTICIPATION OF ATHLETES IN THE INTERNATIONAL CHAMPIONSHIPS MENTIONED BELOW OR MONITORING OF THE CBVELA COACH.

IQFOIL WORLD CHAMPIONSHIPS – BREST, FRANCE – OCTOBER 2022

FORMULA KITE WORLD CHAMPIONSHIP – CAGLIARI, ITALY – OCTOBER 2022

GRAND 5TH PORTUGAL GRAND PRIX – VILA MOURA, PORTUGAL – FEBRUARY 2023

PRINCESS SOFIA TROPHY - PALMA DE MALLORCA, SPAIN - APRIL 2023

NEXT ACTIONS:

FRANCE OLYMPIC WEEK – HYERES / APRIL 2023

WORLD OLYMPIC CLASSES / 1ST INTERNATIONAL OLYMPIC TRIALS – THE HAGUE / AUGUST 2023

FUNDING TERMS 2022: CBVELA OLYMPIC SAILING – SNEAR

CAMPEONATO MUNDIAL DE IQFOIL 2022:

BENEFIT:

MARIA HACKEROTT, COACH

MATTHEW ISAAC, ATHLETE

DATE:

OCTOBER 14 AND 22, 2022

LOCAL:

BREST, FRANCE

THE PROJECT BENEFITED FROM AIR TICKETS AND DAILY FOR EXPENSES SUCH AS LODGING, FOOD, TRANSPORTATION, EQUIPMENT RENTAL, AMONG OTHERS, THE ATHLETE MATEUS ISAAC AND THE COACH MARIA HACKEROTT, TO PARTICIPATE IN THE IQFOIL WORLD CHAMPIONSHIP. OUTSIDE THE BENEFICIARIES OF THE PROJECT, THE BRAZILIAN TEAM AT THE EVENT HAD THE PARTICIPATION OF SAILORS GIOVANA PRADA AND BRUNA MARTINELLLI, PHYSIOTHERAPIST TANIA SAMPAIO AND COACH BRUNO PRADA. TEAM THAT COMPOSED THE BRAZIL TEAM FOR THE MOST IMPORTANT CHAMPIONSHIP FOR THE CATEGORY IN THE YEAR.

THERE WERE FOUR DAYS OF ON-SITE TRAINING PRIOR TO THE COMPETITION. THE CHAMPIONSHIP TOOK PLACE OVER SIX DAYS, FROM OCTOBER 17 TO 22.

SAILOR MATTHEW ISAAC FINISHED THE CHAMPIONSHIP IN 37TH PLACE. THERE WERE 162 MALE ATHLETES IN THE COMPETITION.
HIS PERFORMANCE WAS AFFECTED BY A FAILURE IN THE "FOIL" EQUIPMENT THAT DIRECTLY AFFECTED THE ATHLETE'S PERFORMANCE.
BUT WE HIGHLIGHT THE VICTORY IN ONE OF THE RACES.

FUNDING TERMS 2022: CBVELA OLYMPIC SAILING – SNEAR

CAMPEONATO MUNDIAL DE FORMULA KITE 2022:

BENEFIT:

EDUARDO ABAD, COACH BRUNO LOBO, ATHLETE

DATE:

OCTOBER 08 AND 16, 2022

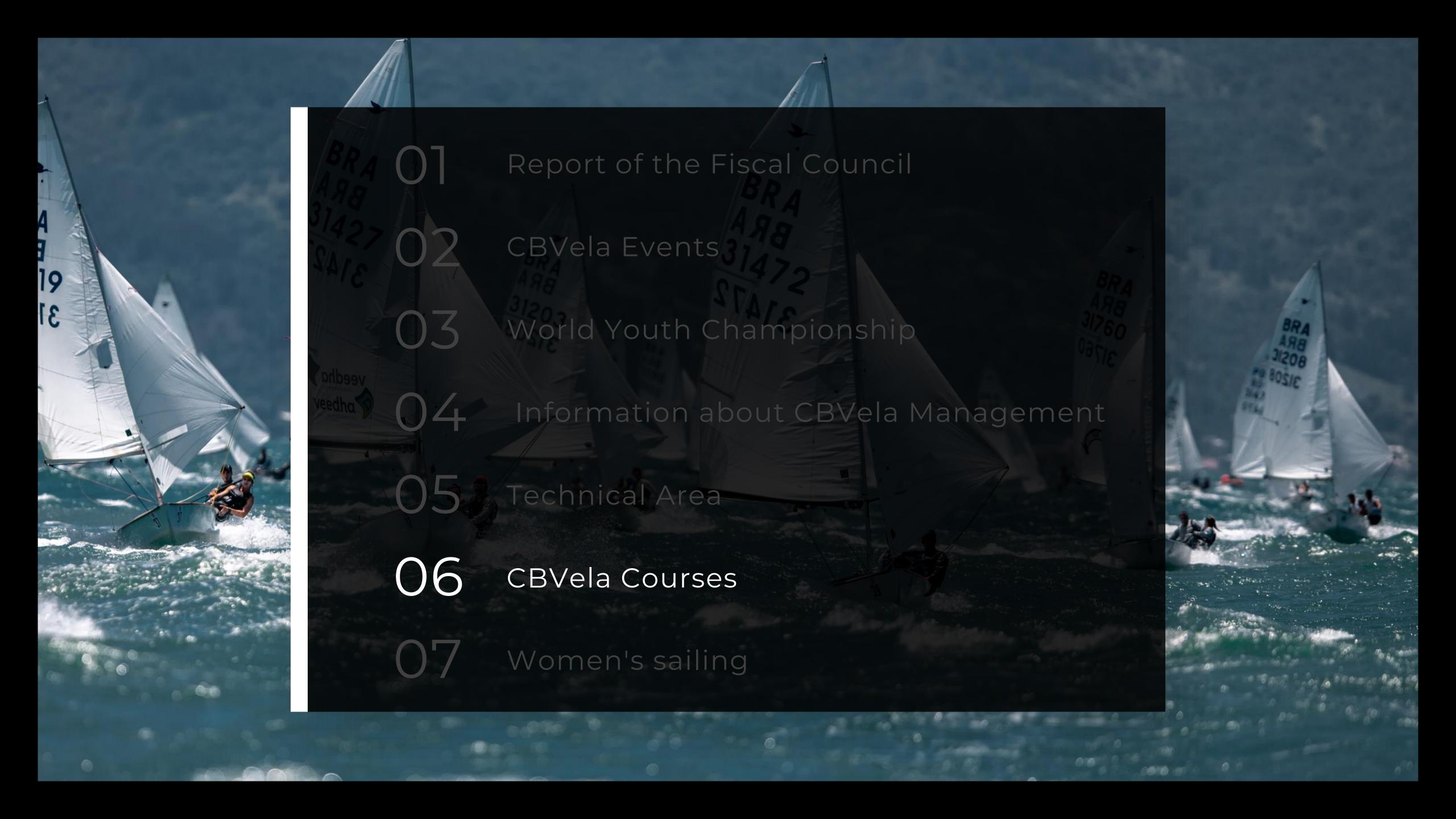
LOCAL:

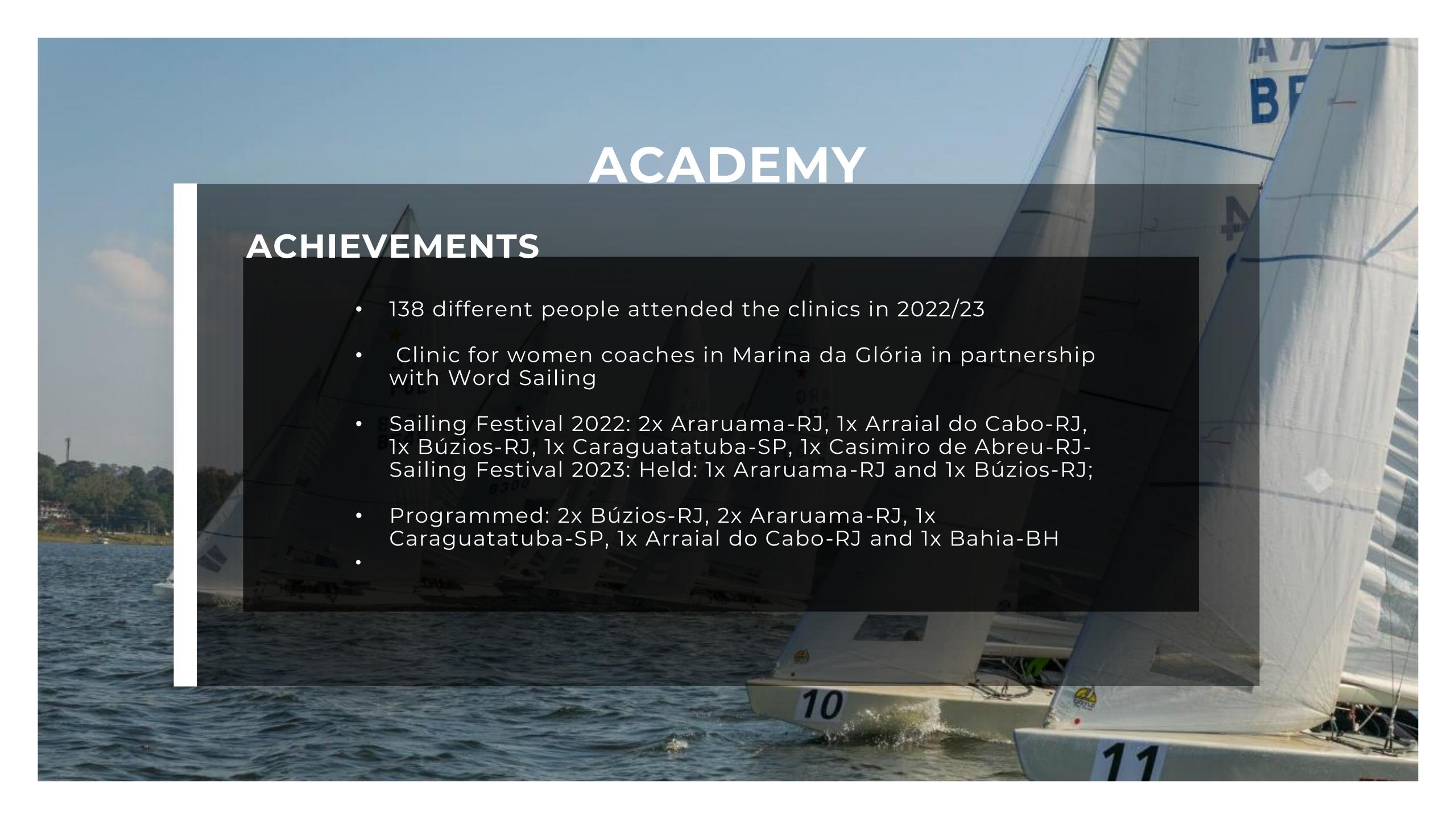
CAGLIARI, ITALY

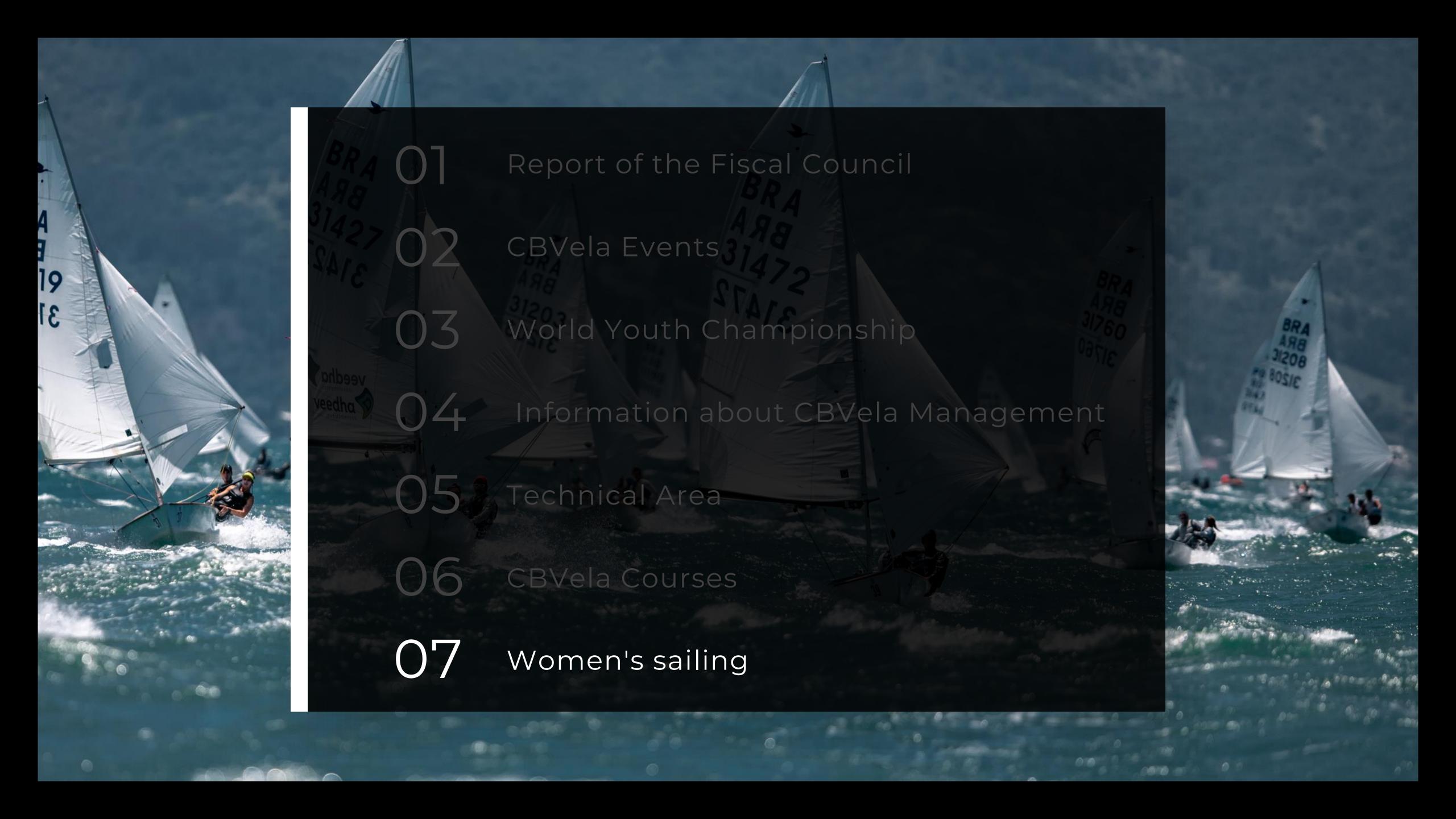
THE PROJECT BENEFITED FROM AIR TICKETS AND DAILY EXPENSES SUCH AS LODGING, FOOD, TRANSPORTATION, EQUIPMENT RENTAL, AMONG OTHER EXPENSES, THE ATHLETE BRUNO LOBO AND THE COACH EDUARDO ABAD, TO PARTICIPATE IN THE FORMULA KITE WORLD CHAMPIONSHIP.

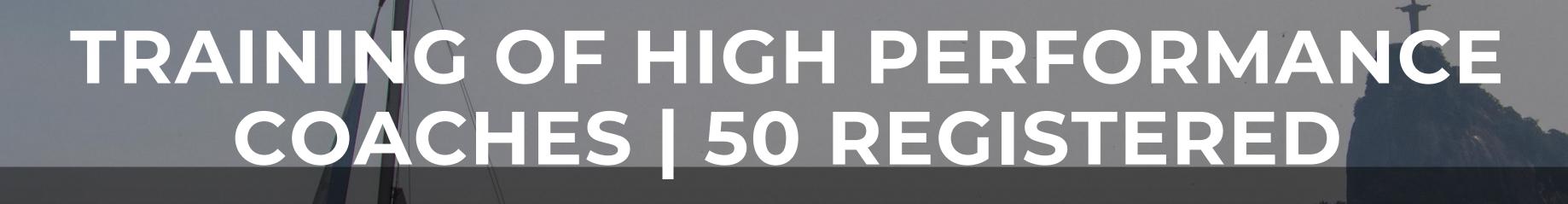
AS WELL AS BRUNO LOBO, WHO BENEFITED FROM THE PROJECT, OTHER ATHLETES MADE UP THE BRAZILIAN TEAM, MARIA SOCORRO DOS REIS, LUCAS FONSECA AND BRUNO LIMA.

AT THE END OF THE FIVE-DAY EVENT, FROM OCTOBER 11 TO 15, BRUNO LOBO FINISHED IN 18TH PLACE IN THE GOLD FLOTILLA. BEING A REASONABLE POSITION GIVEN THAT THERE WAS A CHANGE IN THE REGULATION REGARDING THE EQUIPMENT PROVIDED THAT CHANGED THE SETTINGS USED BY THE ATHLETES IN PREVIOUS TRAINING.









THE PROJECT

An initiative of CBVela in partnership with the Brazilian Olympic Committee. With the aim of training and qualifying female trainers to work in high performance, online classes, mentoring and two water training blocks will be offered throughout 2023.

ONLINE CLASSES
1 TIME PER MONTH
MAY - SEPTEMBER
MONDAY
19:00-21:00

ONLINE MENTORING
1 TIME PER MONTH
JULY - OCTOBER

WATER TRAINING
2 BLOCKS OF 4 DAYS
AUGUST - SEPTEMBER

TRAINING OF HIGH PERFORMANCE COACHES | 50 REGISTERED

ONLINE CLASS

Improve knowledge for intervention with high performance athletes and develop skills of practical application of the fundamental contents of the modality.



5 meetings consisting of an expository moment, activities of elaboration of teaching strategies and discussion.



Workload: 10 hours

Schedule: 19:00-21:00 (one Monday per month)

TRAINING OF HIGH PERFORMANCE COACHES 50 REGISTERED

WATER TRAINING

The goal is to improve the practice of coaches through online classes and develop leadership skills, innovation, creativity, versatility, teaching and communication. In addition, there are moments of reflection, exchange of experience and coexistence with high performance athletes to increase technical knowledge.

- 2 blocks of training practices for 4 consecutive days. Where will be held dynamics of elaboration of practical exercises, application of the exercises, reflections on challenges and potentialities of the training sessions.
- Location: Marina da Glória, Rio de Janeiro CBVela headquarters Workload: 40 hours

POLIMARINE

TRAINING OF HIGH PERFORMANCE COACHES | 50 REGISTERED

ONLINE MENTORING

Deepening of specific knowledge for intervention with high performance athletes, improvement of sports practices, development of advanced skills and exchange of experience between coaches, forming a support network.

- Monthly meetings from July to October, where a mentor meets (remotely) with the coach to discuss professional performance.

 Workload: 8 hour
- Date and time to be defined according to the availability of the mentor and the mentee.



#VEMPRAVELA















